

Middle/Upper School Lunch Menu

January 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
 Steaks 6 Catch Of The Day Popcorn Chicken Veggie Cheesesteaks Curly Fries Assorted Desserts	Italian Chicken Sandwich 7 Look For Catch Of The Day Braised Beef Sicilian Eggplant Parmesan Penne Marinara Assorted Desserts	Nachos 8 Look For Catch Of The Day Sesame Ginger Pork Chips Veggie Nachos Steamed Brown Rice Assorted Desserts	Hoagie Bar 9 Look For Catch Of The Day Chicken Fingers Roasted Veggie Hoagie Tater Tots Assorted Desserts	Beef Brisket on a Biscuit 10 Look For Catch Of The Day Citrus Glazed BBQ Chicken Citrus Glazed BBQ Tofu Mac & Cheese Assorted Desserts
SW Chicken Salad 13 Look For Catch Of The Day Braised Beef Stew Greens & Beans Steamed Brown Rice Assorted Desserts	Roast Pork 14 Look For Catch Of The Day Chicken Marsala Roasted Veggie Couscous Mashed Potatoes Assorted Desserts	Street Tacos 15 Look For Catch Of The Day Cheeseburger Veggie Tacos Rice & Beans Assorted Desserts	Chicken Bacon Ranch Snd 16 Look For Catch Of The Day Sausage Peppers & Onions Ratatouille Tater Tots Assorted Desserts	Pizza 17 Look For Catch Of The Day Wing Bar Veggie Pizza Crinkle Fries Assorted Desserts
	Chicken Strip Salad 21 Look For Catch Of The Day Meatball Sub Vegetable Paella Buttered Egg Noodles Assorted Desserts	Carved Ham 22 Look For Catch Of The Day Chicken Fingers Quinoa Primavera Potatoes Au Gratin Assorted Desserts	Burritos 23 Look For Catch Of The Day Chicken Pesto Pasta Veggie Burritos Curly Fries Assorted Desserts	Ramen Bowl 24 Ginger Scallion Salmon Kung Pao Chicken Tofu Ramen Bowl Egg Fried Rice Asian Sesame Garlic Vegetables
Mexican Rice Bowl 27 Look For Catch Of The Day Apricot Mustard Chicken Mexican Veggie Bowl Curly Fries Assorted Desserts	Carved Turkey 28 Look For Catch Of The Day Stuffed Shells Vegetable Quiche Mashed Potatoes/Stuffing Assorted Desserts	7 Layer Chicken Wrap 29 Look For Catch Of The Day Cheeseburger Veggie Wrap Tater Tots Assorted Desserts	Gyros 30 Look For Catch Of The Day Popcorn Chicken Veggie Gyro Herbed Orzo Assorted Desserts	Blackjack Chicken 31 Look For Catch Of The Day Creamy Beef Pasta Garden Blackjack Burger Spicy Potato Wedges Assorted Desserts
				

The Haverford School Dining Hall is continuously striving to achieve 100% compostable/recyclable practices. Please join us in our effort to "GO GREEN!"