

March

2023

The Haverford School

Lower School Lunch Menu

Daily Offerings

- Ham, Turkey & Cheese Sandwiches
- Salad , Fruit Cups, Yogurt
- menu is subject to change based on product availability.



Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Chicken Patty Sandwich Vegan Chicken Sandwich Buttered Orzo Roasted Broccoli Ice Cream Cup	Nachos Veggie Nachos Rice & Beans Squash Blend Brownies	Pizza Veggie Pizza Vegetable Medley Cookies
6	7	8	9	10
Cheesesteaks Veggie Steak Curly Fries Roasted Carrots Rice Krispy Treat	Tacos Veggie Tacos Spanish Rice Roasted Corn Pudding	Chicken Fingers Chickpea Stew Mashed Potatoes Roasted Eggplant Water Ice	Meatball Sub Vegan Meatballs Veggie Couscous Asparagus Cake	Pizza Veggie Pizza Vegetable Medley Cookies
13	14	15	16	17
Chicken Parm Sandwich Veggie Burrito Penne Marinara String Beans Teddy Grahams	Cheeseburger Tofu Power Bowl Tater Tots Brussel Sprouts Jello	Sesame Garlic Steak Tofu Stir Fry Steamed Rice Broccoli Brownies	Pizza Veggie Pizza Vegetable Medley Cookies	Conference Day
20	21	22	23	24
Roasted Herb Chicken Spring Lemon Quinoa Pineapple Stuffing Spring Peas & Carrots Ice Cream Cup	BBQ Pork Black bean Rice Bowl Mashed Potatoes Collard Greens Rice Krispy Treat	Hot Dogs Vegan Chicken Sandwich Tater Tots Sautéed Kale Pudding	Pizza Veggie Pizza Vegetable Medley Birthday Cupcakes!	Enjoy Spring Break!!!
27	28	29	30	31

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