

March

2023

The Haverford School

MS & US Lunch Menu

Daily Offerings

- Hot Breakfast 7:30am-9am
- Fish of the Day
- Salad & Deli Station
- Assorted Desserts



Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Blackjack Chicken Honey Mustard Pork Loin Vegan Blackjack Chicken Buttered Orzo Roasted Broccoli	Nachos Adobo Chicken Veggie Nachos Rice & Beans Squash Blend	Turkey BLT Wrap Chicken Fingers Veggie Wrap French Fries Vegetable Medley
6	7	8	9	10
Cheesesteaks Jerk Chicken Thighs Veggie Steak Curly Fries Roasted Carrots	Tacos Sesame Pork Loin Veggie Tacos Spanish Rice Roasted Corn	Chicken Finger Wrap Beef Stew Chickpea Stew Mashed Potatoes Roasted Eggplant	Hoagie Bar Lemon Chicken Vegan Meatballs Veggie Couscous Asparagus	Pizza Boneless Wings Veggie Pizza Vegetable Medley
13	14	15	16	17
Burritos Chicken Parmesan Veggie Burrito Penne Marinara String Beans	Power Bowl Cheeseburger Tofu Power Bowls Tater Tots Brussel Sprouts	Mac & Cheese Bar Pepper Steak Tofu Stir Fry Steamed Rice Broccoli	Pulled Pork Stuffed Shells Veggie Quiche Potato Wedges Vegetable Medley	Conference Day
20	21	22	23	24
Carved Ham Roasted Herb Chicken Spring Lemon Quinoa Pineapple Stuffing Spring Peas & Carrots	Mexican Rice Bowl BBQ Pulled Pork Black Bean Rice Bowl Mashed Potatoes Collard Greens	Italian Chicken Sandwich Sausage Peppers/Onions Vegan Chicken Sandwich Tater Tots Sautéed Kale	Pizza Hot Dogs Veggie Pizza French Fries Vegetable Medley	Enjoy Spring Break!!!
27	28	29	30	31

--	--	--	--	--