## February

2023

The Haverford School

## **Lower School Lunch Menu**

## **Daily Offerings**

- Ham, Turkey & Cheese Sandwiches
- -Salad, Fruit Cups, Yogurt
- \*menu is subject to change based on product availability.



Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Chicken Patty Sandwich	Grilled Cheese	Pizza
		Vegan Chicken Patty	Bean Spud Bowl	Veggie Pizza
		French Fries	Tater Tots	Vegetable Medley
		Broccoli	Roasted Carrots	Cookies
		Brownies	Ice Cream Cup	
6	7	8	9	10
Sausage Peppers/Onions	Meatball Subs	Roast Beef Sandwich	Street Tacos	Pizza
Stuffed Portobello	Vegan Meatball Sub	Greens & Beans	Veggie Tacos	Veggie Pizza
Curly Fries	Spicy Wedges	Roasted Potatoes	Jasmine Rice	Vegetable Medley
Sautéed Zucchini	Asparagus	String Beans	Seasoned Corn	Cookies
Rice Krispy Treat	Pudding	Water Ice	Cake	
13	14	15	16	17
Tortellini Red/White	Chicken Parm Sandwich	Asian Stir Fry	Pizza	
Vegan Chicken Caesar	Eggplant Parm	Tofu Stir Fry	Veggie Pizza	Presidents Day
Garlic Breadstick	Penne Marinara	Wild Rice	Vegetable Medley	Weekend!
Broccoli	Roasted Cauliflower	Broccoli	Cookies	
Teddy Grahams	Jello	Trix Treat		
20	21	22	23	24
	Chicken Po Boy	Stuffed Shells	Chicken Fingers	Pizza
Presidents	Veggie Jambalaya	Quinoa Stuffed Peppers	Veggie Quiche	Veggie Pizza
Day!	French Fries	Garlic Bread	Mac & Cheese	Vegetable Medley
	Broccoli	Brussel Sprouts	Collard Greens	Cookies
	Ice Cream Cup	Brownies	Water Ice	
27	28			

Chee	seburger	Boneless Wings
Vegg	ie Burger	Vegan Pasta Bowl
Tat	er Tots	Steamed Rice
Strin	ig Beans	Vegetable Medley
Teddy	Grahams	Birthday Cupcakes!