

May

2022

The Haverford School

Upper School Lunch Menu

Daily Offerings

- Hot Breakfast 7:30am-9am
- Fish of the Day
- Salad & Deli Station
- Assorted Desserts



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Chicken Strip Salad Pepper Steak Vegan Chicken Strip Salad Steamed Rice Vegetable of the Day	Tater Tot Bar Apricot Chicken Thighs Falafel w/ Tzatziki Couscous Vegetable of the Day	National Hoagie Day Sausage, Peppers, Onions Egg Salad Hoagie Baked Fries Vegetable of the Day	Nachos Mexican Grilled Chicken Veggie Nachos Fiesta Rice Vegetable of the Day	Pizza Boneless Wings Veggie Pizza Vegetable of the Day
9	10	11	12	13
Italian Chicken Sandwich Pulled BBQ Pork Vegan Chicken Sandwich Baked Fries Vegetable of the Day	Asian Rice Bowl Baked Manicotti Tofu Rice Bowl Tater Tots Vegetable of the Day	Street Tacos Grilled Balsamic Chicken Veggie Tacos Steamed Rice Vegetable of the Day	Chicken Caesar Salad Meatball Subs Vegan Chicken Caesar Penne Marinara Vegetable of the Day	Blackjack Burger Chicken Fingers Garden Burger Baked Fries Vegetable of the Day
16	17	18	19	20
Fajitas Popcorn Chicken Veggie Fajitas Steamed Rice Vegetable of the Day	Carved Turkey Stuffed Shells Vegan Chicken Mashed Potatoes/Stuffing Vegetable of the Day	Roast Beef Sandwich Tortellini Grilled Portobello Sandwich Mashed Potatoes Vegetable of the Day	Mac & Cheese Bar Lemon Herb Chicken Veggie Mac Bowl Roasted Potatoes Vegetable of the Day	Pizza Boneless Wings Veggie Pizza Vegetable of the Day
23	24	25	26	27
Chicken Finger Wrap Burgers Vegan Chicken Wrap Baked Fries Vegetable of the Day	BBQ Brisket Jerk Chicken Garden Burger Tater Tots Vegetable of the Day	Fiesta Rice Bowl Ravioli Tofu Rice Bowl Garlic Bread Sticks Vegetable of the Day	Cheesesteaks General Tso's Chicken Veggie steak Steamed Rice Vegetable of the Day	Blackjack Chicken Stuffed Shells Vegan Blackjack Chicken Baked Fries Vegetable of the Day
30	31			
Memorial Day!	Chicken Po Boy Beef & Broccoli Vegan Chicken Po Boy Steamed Rice Vegetable of the Day			

