

February

2023

The Haverford School

MS & US Lunch Menu

Daily Offerings

- Hot Breakfast 7:30am-9am
- Fish of the Day
- Salad & Deli Station
- Assorted Desserts



Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Blackjack Chicken Pasta Bolognese Vegan Blackjack Chicken French Fries Steamed Broccoli	Tater Tot Bowl Roasted Pesto Chicken Bean Spud Bowl Lemon Orzo Roasted Carrots	Chili Bread Bowl General Tso's Chicken Veggie Chili Steamed Brown Rice Vegetable Medley
6	7	8	9	10
Chicken Bacon Ranch Snd Sausage Peppers/Onions Stuffed Portobello Curly Fries Sautéed Zucchini	Bao Buns Meatballs Subs Vegan Meatball Subs Spicy Wedges Asparagus	Power Bowl Stuffed Shells Greens & Beans Roasted Potatoes String Beans	Street Tacos Carved Pork Tenderloin Veggie Tacos Jasmine Rice Seasoned Corn	Pizza Boneless Wings Veggie Pizza Vegetable Medley
13	14	15	16	17
Southwest Salad Tortellini Red/White/Meatballs Vegan Southwest Salad Garlic Breadstick Broccoli	Gyros Chicken Parm Sandwich Eggplant Parmesan Penne Marinara Roasted Cauliflower	Asian Noodle Bowl Beef Ragu Farfelle Tofu Noodle Bowl Wild Rice Broccoli	Blackjack Burger Honey Garlic Chicken Thighs Garden Burger French Fries Roasted Eggplant	Presidents Day Weekend!
20	21	22	23	24
Presidents Day!	Chicken Po Boy Cajun Jambalaya Veggie/Bean Jambalaya French Fries Broccoli	Carved Turkey Baked Manicotti Quinoa Stuffed Pepper Mashed/Stuffing Brussel Sprouts	Roast Pork Sandwich Chicken Fingers Veggie Quiche Mac & Cheese Collard Greens	Pizza Boneless Wings Veggie Pizza Vegetable Medley
27	28			

California Salad Cheeseburger Veggie Burger Tater Tots String Beans	Pasta Bowl Grilled Herb Chicken Vegan Pasta Bowl Steamed Rice Vegetable Medley			
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